

## Want to help improve the teen mental health in the community?

The Mental Health Ambassadors (MHA) and Pioneers (MHP) is seeking 12 youth, ages 14-18, to join our team. MHA & MHP will focus on addressing the mental health crisis of Black and Brown teenagers through education, resource-sharing, innovative self-care workshops, and city-wide coalition-building. This is a great position for youth interested in public health, human services, counseling, or behavioral health. MHA is our first-year program. MHP is for second and third-year teen employees.

### What you would be doing...

- Learn about mental health and its impact on BIPOC communities; become certified in the Mental Health First Aid course with licensed clinicians, and explore self-care strategies.
- Create and host innovative self-care workshops for your peers, schools, and youth groups
- Develop and share mental health resources with teens, parents, and the community, including conducting a survey and sharing resources at community events.
- Collaborate with other youth organizations and elected officials to educate and advocate for more school and community-based teen mental health resources.
- Develop a teen-led and teen-focused workshop for middle and high school students on understanding one's own mental health and healthy coping strategies.
- Assist in preparing a team presentation for The Big Event summer performance celebration.

# The ideal candidate will have the following skills:

- Interest in mental health education and mental wellness in our community
- Willingness to work as a peer educator and role model
- Willingness to grow in public speaking and workshop presentations.
- Ability to work on and contribute to team success and goals

#### 2025 Summer Schedule

Employment begins Monday, June 30, through Thursday, August 14, 2025. Typical Work Schedule: Monday through Thursday, 9:30 AM - 4:30 PM, with 45-minute unpaid lunch The worksite location is in the Codman Square neighborhood of Dorchester. 15 Elmhurst Street, 02124.

#### Compensation

This is a seasonal, non-exempt position with a pay rate of \$15.00-\$16.50 per hour with an average of 25 hours per week for 7 weeks—potential summer earnings of \$2,625.00 before taxes and withholdings.

#### Questions

Contact Jazmin Monterroso, Operations Manager, <u>Jazmin@tbpm.org</u>, 617-962-9905 The application period opens on February 17, 2025, and remains open until positions are filled.

To Apply Online application at: <u>https://www.tbpm.org/youth/teen-jobs/</u>